



Martin J. Chávez, Mayor
City of Albuquerque

Beginning Rappelling Adventure

City of Albuquerque

Parks & Recreation Department

Outdoor Recreation Section









Jay Hart, Director
Parks and Recreation

To the Adventure Rappeller,





You are about to learn and experience a fun, really cool, and risky **HIGH ADVENTURE** sport that you can enjoy your whole life. This adventure costs \$10.00 **and** is limited to only 12 teenage participants (age 11 – 17). Please return your registration packet with check or money order for \$10.00 (payable to City of Albuquerque) as soon as possible to:

Albuquerque Parks and Recreation
Outdoor Recreation Section
1801 4th Street NW, Bldg. A
Albuquerque, New Mexico 87102
(505) 768-5349

Class spots are filled on a first-come, first-served basis. The first 12 students who return the completed packet with payment will be registered in the class. In this packet, you will find several registration forms:

-  **City of Albuquerque Rappelling Registration Form**
-  **Health History Form**
-  **Request for Medication Form**
-  **Release of Liability Form**
-  **Authorized "Sign-out" Form**
-  **Photo Release Form**

All of the forms must be filled-out, signed by your parent / guardian, and turned in to Outdoor Recreation before the scheduled class. Rappelling is a **HIGH ADVENTURE** sport with some risk. Each beginning rappelling adventure **meets at 8:15 AM** at the Parks and Recreation Administration Building on 4th Street (see-included map) and **leaves at 8:30 AM**. All ropes and anchors, as well as helmets, harnesses and gloves for each rappeller will be provided by Outdoor Recreation. Rappellers are expected to wear hiking boots or sturdy shoes, dress for the weather, and bring the following items:

-  **Day or Book Pack**
-  **Hat and/or sunscreen**
-  **Lots of Drinking Water**
-  **Lunch / snacks**

Beginning rappelling trips are scheduled to return by approximately 2:30 PM. Parents should pick up their teenagers at the Parks and Recreation Administration Building on 4th Street (see map). **Expect to have FUN!** If rappelling weren't fun, it would be called "homework". Remember, without recreation, weekends would just be weekdays!

Shauna Kapel, Senior Adventure Leader
Albuquerque Parks and Recreation, Outdoor Recreation

Please keep this form.